



**Remember:
TRAIN HARD
And have fun
learning the
new Cycle Level
Material!!!!**



July 2010



More than Martial Arts!

“We all have a responsibility....
a responsibility to make a difference. To
be an influence, to lift someone. We are
all in this together to work out our salva-
tion, to reach our potential, and to be our
bother’s keeper....To help each other.”

Marjorie Hinckley

Instructors Phone Numbers

- USAFA 440-0512
- East Central 591-0557
- Patrick Henry 573-5209
- Rustic Hill 683-8935
- Westside 534-0350
- West Central 578-0763
- Monument 591-0557
- Rockrimmon 522-1450
- Woodland Park 313-7979
- Cimarron Hills 661-3735
- Norwood 231-3557
- Summerfield 357-6557
- Garden of Gods 528-6968
- Stetson Hills 638-7075
- Meridian Ranch 573-5209
- Woodmen Hills 683-8935
- Eagleridge 201-0924
- Wildflower 232-4310
- Fire Station 598-6046
- Patriot 638-8945
- Pikes Peak 314-6327
- Castle Rock 440-0512
- South West 303-524-2574
- Northgate 591-0557
- East Central II 591-0557
- Pine Creek 622-1025
- Springs Ranch 622-1025
- Mountain View 303-524-2574

Up Coming
Events

- Sat. Jul 17th**
Alex Hoag Run For
Sunshine Demo
- Tues, Jul 20th**
Kempo Night Out @
Sky Sox Stadium
No Classes
- Jul 21st & 24th**
Junior Black Belt
Testing

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Universal Annual Seminar in Nevada NO CLASSES	Universal Annual Seminar in Nevada NO CLASSES	Universal Annual Seminar in Nevada NO CLASSES	Universal Annual Seminar in Nevada NO CLASSES	1 Universal Annual Seminar in Nevada NO CLASSES	2 Universal Annual Seminar in Nevada NO CLASSES	3 Universal Annual Seminar in Nevada NO CLASSES
4 Word of the Week Duty	5 Holiday— no classes Nunchuku Short Stick	6	7 You never get in trouble for telling the truth.	8	9	10 RT
11 Word of the Week Pledge	12 Grappling Kama	13	14	15	16	17 Alex Hoag Run for Sunshine Demo
18 Word of the Week Obligation	19 Staff Kama	20 “Kempo Night Out” at Sky Sox Stadium	21 Junior Black Belt Testing 6:00 to 9pm	22	23 Junior—> Black Belt-> Testing—> 7:30 to 10am	24
25 Word of the Week Honesty	26 Grappling Nunchaku	27	28	29	30	31 Word of the Month Responsibility