



**Remember:  
TRAIN HARD**

**And let's get  
ready for  
Back To School**

More than Martial Arts!

“Many people despise wealth, but few know how to give it away. Generosity during life is a very different thing from generosity in the hour of death; one proceeds from genuine liberality and benevolence, the other from pride or fear.

Horace Mann

Instructors Phone Numbers

- USAFA 440-0512
- East Central 591-0557
- Patrick Henry 573-5209
- Rustic Hill 683-8935
- Westside 534-0350
- West Central 578-0763
- Monument 591-0557
- Rockrimmon 522-1450
- Woodland Park 313-7979
- Cimarron Hills 661-3735
- Norwood 231-3557
- Summerfield 357-6557
- Garden of Gods 528-6968
- Stetson Hills 638-7075
- Meridian Ranch 573-5209
- Woodmen Hills 683-8935
- Eagleridge 201-0924
- Wildflower 232-4310
- Fire Station 598-6046
- Patriot 638-8945
- Pikes Peak 314-6327
- Castle Rock 440-0512
- South West 303-524-2574
- Northgate 591-0557
- East Central II 591-0557
- Pine Creek 622-1025
- Springs Ranch 622-1025
- Mountain View 303-524-2574

Up Coming  
Events

**Fri, Aug 13th**  
Ice Cream Social at  
Frontier Elementary

**Tues, Aug 24th**  
Kempo Night Out @  
Sky Sox Stadium  
No Classes  
And Frontier's Back  
to school night

**Sat, Sep 18th**  
Universal Martial Art  
Tournament

**Fri, Oct 1st**  
Universal Renewals  
Begins

# August 2010



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1 <u>Word of the Week</u> Giving	2 Grappling Nunchaku Tshirt month except for testing night	3	4 	5	6	7 RT
8 <u>Word of the Week</u> Kindness	9 Nunchuku Short Stick	10	11	12	13 Frontier Ice Cream Social	14
15 <u>Word of the Week</u> Goodness	16 Grappling Kama	17	18	19	20	21
22 <u>Word of the Week</u> Charity	23 Staff Kama	24 Back to school night at Frontier "Kempo Night Out" at Sky Sox "	25	26 Testing Night - Full Uniform req'd	27	28
29 <u>Word of the Week</u> Unselfishness	30 Grappling Nunchaku	31	<b>Word of the Month Generosity</b>			

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- Phone: 357-6557